

# Redoubt Sailing Club

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Affiliated to the R.Y.A.

## Spring / Summer 2014 Newsletter

I'd like to introduce myself to you, I am Alan Baker's daughter Lorraine and have taken over the newsletter from Hilary. I will do my best to continue her great work, however, I have very little sailing experience so apologise in advance if things are sometimes not quite what you have come to expect. I'm sure you will be patient with me and teach me the ropes. With this in mind I need you, the members, to come up with articles so the newsletter can continue, please send all your work to [rscnewsletter@outlook.com](mailto:rscnewsletter@outlook.com) and I will do my best to include anything you send.

## Commodore's Notes

The winter of 2013/14 was exceptionally wet and mild and the frost bite series was well supported with good numbers attending most of the races. The A.G.M. was held on the 23 February, whilst the number attending was slightly down on last year there were enough members present to proceed. Having undertaken the role of commodore for four years now I was very conscious that a number of the officers were in a similar position. One of the decisions made at the A.G.M. was that "*It is preferable that Officers should not hold the same office for more than four consecutive years*" be added to the present paragraph 1.4. Due to an absence of new volunteers to take over this year the officers already in position agreed to carry on for a further year. However, for the club to continue to be successful we will need more members to stand on the committee and take on some crucial roles. Please give some thought to sparing some time to continue the good work our committee do. It doesn't need to be onerous but we do need your support.

I would like to take this opportunity to thank Hilary Pittock for her work over many years producing the Newsletter, Colin Howard for many years in office and on the committee and Neil Gibson for the work he has undertaken as Sailing Secretary and for staying on the committee despite stepping down from this role. The role of Sailing Secretary remained unfilled at the AGM however I am please to say Brian Mumford has since stepped forward to fill this vital role. And last but certainly not least thanks to Jack Turnbull for putting himself forward and joining the committee. It's great to have someone new young and fresh bring ideas to the committee.

The Dinner Dance and Prize giving was held at Folkestone Rugby Club on Friday 14 March and those who attended greatly enjoyed the evening. Many thanks to Brian for providing the disco at no extra cost, proceeds from the raffle and tickets went towards the new Club Toppers.

I look forward to a good summer of sailing and some excellent competition.

**Don't forget to check out Graeme's blog on our facebook page**

## **Senior Instructor Course Dover Sea Sports Centre February 2014** by H. Pittock

Congratulations to Brian Mumford who successfully completed the course over two weekends at Dover. He still had a buzz about him at the Club prize giving dinner and I thought I'd like to record some of his observations. Over the four days, they had the complete range of wind speeds from a gale to dead calm.

*"The course includes supervising instructors under your control, practical teaching afloat, fleet management, running shore-based sessions, customer liaison and group discussions: all under the guidance of experienced RYA dinghy coach-assessors".* So runs part of the brief on Dover Sea Sports website for their SI courses. Andy Kerr was the lead assessor with Stuart Bishop resident assessor.



Before candidates arrived at the course they were required to complete the Senior Instructor Home Study Pack. Brian spent at least 8 hours on it. Their first session started with discussions on risk assessment and Centre management before they embarked on a "juggling game" as Brian described it. The six participants were given 7 balls between them one to be kept in the hand and the 7<sup>th</sup> in the air to pass. It was chaos for about an hour before Brian took charge and worked out a strategy. Andy illustrated their process with a diagram –experiment, shape, action, learning. By then it was time for lunch and whilst Brian nipped into town to get something to eat the others picked the most straightforward teaching topics. He found he'd been landed with: practical - "Improve communication and boat-handling skills" and discussions - "Use of the Kicker" and "The nervous student". In his first discussion, Brian talked about the use of the kicker, why use it and even brought in about the apparent wind. He had very good feedback on this session especially as he had aimed it at the ability of the group.

For the practical Brian had a sudden brainwave realising blindfold sailing would ensure the crew and helm had to communicate. The students were sailing RS Visions and each pair had a turn as blindfold helm with the crew giving directions. This activity really caught the others' imaginations and the debrief afterwards had very positive responses.

Day 2 began with land drills - tacking and gybing demos and discussions on getting off the beach and returning in heavy weather. There was some pressure here as each student had to score 8 or more out of 10 on the demos to continue with the

course. Happily Brian got a 9 and an 8. Then it was out on the water for mark rounding with Brian and his crew, a young chap from the Sea Sport centre, taking the students' roles and gybing in a gale. He and his crew were the only ones to survive and enjoy the blast! Andy, the lead assessor realising Brian had the skill and experience asked him to go in first to talk the others through beach landing in surf. On Day 3 Brian led the discussion on "The nervous Student" and then had two practical sessions as a Dinghy Instructor – "Performance gybing" and then in Toppers "Follow my leader" For the Toppers, the wind had dropped right off so he had *his* students derig their Toppers and paddle out to a buoy and back. Also in the mix of activities were two quizzes and an introduction to race starts: 3, 2, 1 go. On the final afternoon, each student had a debrief with the lead Assessor, Andy Kerr, and were told the outcome of their continuous assessment. Of the six students: one failed, a good sailor, but unable to give coherent instructions and lead discussions and another was deferred until he'd had more practice in helming. Andy immediately announced to Brian that he'd passed and then began questioning him about the levels he was instructing at the Club suggesting that he should be going onto higher levels and race training and becoming a RYA Racing Coach. Well done Brian!

## **Gemma's Racing and Rules Clinic**

You're in the race, you have a near miss and you don't know if you're in the wrong. You notice you are losing out on the beats. What can you do to improve? In stronger winds your mainsheet keeps getting hooked round the gunwale at the transom. How can you avoid it happening? These and many other questions can be dealt with by Gemma who is willing and able to help you to sort out problems with your sailing technique and/or queries on rules. Best to do it whilst it is fresh in your mind as you come off the water.

On a more structured note you might want to consider the following topics:

- Starting
- Mark rounding
- Sail setting and tell tails
- The five essentials
- Rules especially windward mark and room at the mark.  
(Some people are unaware that every four years after the Olympics some rules are altered.)

Lunch time sessions will be free. But also Graeme is hoping to engage her for some evening courses held jointly with Hythe & Saltwood SC at their Clubhouse for which there would be a small charge to cover expenses. At last years Miracle Nationals there were glowing reports on Gemma's two evening training sessions. For those of you new to the Club, Gemma is a RYA Racing Coach.

## Results for 2013

### Spring AM

Place	Helm	Crew	Boat	Points
1 <sup>st</sup>	Peter Brooker		Streaker	6.50
2 <sup>nd</sup>	John Bashford		Supernova	15.00
3 <sup>rd</sup>	Mike Smailes		Streaker	16.67

### Spring PM

Place	Helm	Crew	Boat	Points
1 <sup>st</sup>	Peter Brooker		Streaker	4.75
2 <sup>nd</sup>	Bob Luckhurst		Solo	5.75
3 <sup>rd</sup>	Phil Johns		Solo	14.00

### Summer AM

Place	Helm	Crew	Boat	Points
1 <sup>st</sup>	Peter Brooker		Streaker	15.69
2 <sup>nd</sup>	Tracy Amos	Gemma Gibson	Miracle	27.84
3 <sup>rd</sup>	Ian Hodge		Streaker	29.50

### Summer PM

Place	Helm	Crew	Boat	Points
1 <sup>st</sup>	Peter Brooker		Streaker	4.50
2 <sup>nd</sup>	Roger Filby	Hannah Mumford	Miracle	17.00
3 <sup>rd</sup>	Neal Gibson	Keith Macey	Miracle	32.25

### Winter AM

Place	Helm	Crew	Boat	Points
1 <sup>st</sup>	Neal Gibson	Keith Macey	Miracle	3.75
2 <sup>nd</sup>	Jenna Gibson	Andy Gibson	Snipe	15.00
3 <sup>rd</sup>	Roger Filby	Hannah Mumford	Miracle	15.75

### Winter PM

Place	Helm	Crew	Boat	Points
1 <sup>st</sup>	Neal Gibson	Keith Macey	Miracle	1.50
2 <sup>nd</sup>	Dave Pescod		Laser	5.00
3 <sup>rd</sup>	Roger Filby	Hannah Mumford	Miracle	10.00

### Frostbite series 2014

Place	Helm	Crew	Boat	Points
1 <sup>st</sup>	Neal Gibson	Keith Macey	Miracle	7.5
2 <sup>nd</sup>	Dave Pescod		Lase	8.25
3 <sup>rd</sup>	Rob Purvis		Laser	13.0

## Junior & Youth Sailing Course

Children's sailing course for beginners & those more experienced. Age 7-14.  
Run on a safe inland venue by experienced & RYA qualified volunteer instructors.

**Junior & Youth Sailing Course Saturday 10th & 24 May, follow on training days**

**Sunday 29th June & 13th July 2014.**

Please see the website for further details or contact Keith Macey  
[training@redoubtsc.org.uk](mailto:training@redoubtsc.org.uk) or 07788 10 22 30

### Canterbury Cruising Club 2014

**Tony Gilbert 01303 276402 (1571 answerphone)**

DATE	LAUNCHING POINT	LAUNCH TIME	DESTINATION	HW at DESTIN	EST TIME OFF WATER
Wed 18 to-21 June	Norfolk Broads. Camping w. dinghies and bikes	Arrive 1900 ish	Bureside camp site at Oby. Launch straight into the dike rivers Thurne Bure and various Broads	1439 HW Gt Yarmouth	Sat midday
Thurs 3 July	Annual cycle ride in France	Early start	Calais area Bourbourg, Numbers early please	20 to 22 miles	
Sat 9 Aug	Hythe & Saltwood SC	1100	Folkestone & return	1020 5.9m	1700
Sat 11 Oct	Sandwich Bay SC	1100	Sandwich Quay. Eat afloat	1520 6.5m	1500
Sat 25 Oct	Whitstable Harbour	1000	Harty Ferry & return. Pub lunch	1405 6.1m	1700

For all cruises please bring oars or paddles, but there will normally be at least one dinghy with outboard if weather etc indicate likely need. If in doubt re weather etc., please ring Tony. Route may be switched at short notice, or one-way cycle ride (downwind) laid on. Decision normally made on morning of cruise.

**HEALTH WARNING: All cruises undertaken at own risk. Please bring buoyancy aids. Please ring Tony as soon as possible to indicate which events you are/ are not likely to attend** as it does help to know numbers well in advance.

There is also a programme of monthly cycle rides (normally 12 to 14 miles) and also yacht cruises. Please ask Hilary for details if you are interested.

Deadline for Autumn newsletter – articles to [rscnewsletter@outlook.com](mailto:rscnewsletter@outlook.com) by 31 August please.



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